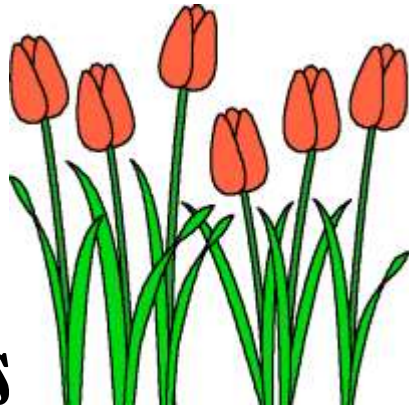


# THE



# TUDORS

## SPRING NEWSLETTER

Dear friends and relatives of the Tudors welcome to our spring 2011 newsletter, I would like to apologize for the lack of newsletters in recent months, please be reassured that you will receive one quarterly from now!

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### WHATS BEEN HAPPENING

Its been a busy few months here at the Tudors, not only have I had to catch up on all I missed whilst being off on maternity leave but building works too which caused minor confusion as Christmas drew closer. Hopefully you will of seen the new extension in unit one and will agree with us all that it has greatly improved the environment for our residents, it is important to say that this area has benefited both units as it is used for meal times for both sets of residents, it is a real joy to be able to walk through at lunch time and see lots of conversation between residents and seeing them sitting in a comfortable environment, enjoying a home cooked meal, I am confident that it has made a real improvement not just

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Cont... Aphetically but to their wellbeing. If you haven't been given the guided tour please ask!

### GREEN FINGERS

It of cause has taken a bit of the garden away, but they have done a good job of recovering the garden space, which over the next few months we will continue to improve, I would be really interested to hear from anyone with green fingers, we would like to make it our mission this spring to get the gardens sorted again clear the weeds and do some planted, but being able to identify a weed from a plant doesn't appear highly on anyone's CV here at the Tudors, I would like to arrange a few days involving the residents who want to and get stuck in so we can all enjoy this space in the up and coming months, any VOLUNTEERS!! Anyone who would like to donate plants or time let me know!!

CHANGES - Some of the team has moved on and we have gained some new faces, promotions internally too

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Cont... Nicki has taken up the challenge of team leader for unit one, Agnes has joined our senior team and we welcome back Gordon and Zara as night seniors. Maggie, Erica, Laura, Katie and Yasmeen have all joined the team.

Activities is currently being managed by Debbie and Helen who have got some great ideas for future events and stimulation, but again would love some input from all of you as this is always a difficult area to service, Local churches have been contacted to try and get some links back into the home, Nene Family church could no longer service the home so at the moment we are taking those that can out if they wish, The girls will be working a variety of hours to try and reach all our residents needs, ideas let us know.

We continue to want to try and link up more with the local community and time permitting I will start looking at this area again, a monthly coffee morning inviting people in would be great, promoting relationships externally. Volunteers to help fund raise, join our quality circle or help in any way let me know.

Please see activity boards in each unit to find out what's coming up!