

## HEATH LODGE NEWSLETTER- JULY 2011

*Hi and welcome to the July issue of the Heath Lodge newsletter. We say goodbye to the rain and look forward to hopefully some warmer weather!!!*

***Firstly, the sad news.***



*Unfortunately, we have had to say goodbye to some residents who have recently passed away. Muriel Baudains, Margaret Ellis and Winifred Martin all passed away recently. Our thoughts are with the families. These residents will be sadly missed.*

## Heath Lodge Staff News

*As most of you are probably aware, Nicky McVeigh, our manager for the last three years has moved on to pastures new. We wish her well in her new position as she will be greatly missed here. However, Ali Joolia, our deputy manager has now taken over as Acting Home Manager. He has over 5 years experience working with the elderly and he will continue to support the staff and oversee the smooth running of the home. If you have any queries, or complaints, please do not hesitate to contact him.*

*Lindsey Skeggs has now been promoted to Senior Care Assistant on Primrose.*

*Our three unit leaders, Smitha Jayan, Shylaja Purusothaman and Tess Magdalena have all safely been delivered of their babies and we wish them well and hope they enjoy their maternity leave.*



## **Now a poem for Summer – to brighten up our days!!**

### ***A Recipe for Summer***

**What is summer made of?  
Of opening buds and flowers;  
Of sunshine and of shadow,  
And gracious little showers,  
Of birds that in the tree-tops  
Sing sweetly all the day;  
Of buttercups and daisies,  
And breath of new-mown hay.**

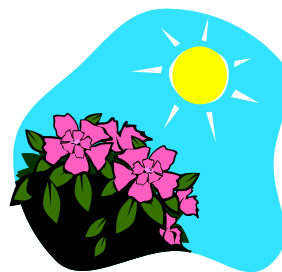
Of butterflies that hover  
O'er every fragrant rose;  
Of bees that gather honey  
Where the honeysuckle grows.  
Of brooks that murmur softly,  
And thro' the meadows glide:  
Of shadows shifting gently  
Adown the mountain-side.

Of rainbows after showers,  
Of starlight nights so still;  
Of moonbeams shimmering softly  
O'er every brook and rill.  
Of mornings dawning sweetly  
O'er dew-wet grass and flowers,  
Oh! summer time is only  
A life of golden hours!

### Home News

We finally had a visit from CQC on Friday 24<sup>th</sup> June. Our inspector Marian Byrne had some very positive comments to make about Heath Lodge, especially the hard working staff, despite all the staff changes over recent months.

The gardens have been immensely improved, with great thanks to our chef, Hillary who enjoys planting various shrubs and making the grounds very colourful for our residents to enjoy. Hopefully, with some good weather approaching, the residents will be able to sit outside and enjoy not only the nice weather but the fresh air and beautiful gardens also.





### **Residents Outings**

***In June, we had the use of the company mini bus, and the residents enjoyed trips to Southend on Sea for fish and chips, Van Hage Garden Centre for a cup of tea and a cake, and also the residents of Primrose Way went to the Toby Carvery in Stevenage for a ‘slap up meal!’ A good time was had by all – including the staff who escorted them!!***

### **Information about Relatives Meetings**

***The relatives meetings are also proving to be very successful and further dates are listed below again for you to put in your diaries.***

***Tuesday 6th September 6.30pm  
Tuesday 7th December 6.30pm.***

***Please feel free to pop along and voice any concerns you may have, or just to have a cup of tea and a biscuit!***

***That’s it Folks!!!***

***That is the end of our news folks and look forward to speaking to you again in September, when***