

AV - Autumn/Winter Newsletter

Dear Friends and Relatives,

I will begin with the hope that you all had a merry Christmas and a happy new year. We have had a busy end of year at Autumn Vale and would like to thank you all for your continuing support.

Events since October have included:

- Divali Night
- Halloween
- Remembrance Day
- Day trip to Van Hagues Garden Centre
- Christmas Celebrations
- New Years Eve

Seasonal Festivities



Perhaps the most exciting event at Autumn Vale was the Christmas party for staff, residents and relatives. We raised over £170 towards our goal of providing a therapeutic fish tank for every unit, and everyone enjoyed the day. Many thanks to Yvonne Hanna for providing a delicious buffet and to Peter Wilbourn for his help behind the scenes. N.B We would like to thank Alan Williams and his family for the fish tank that they so kindly donated to Fern Lounge.

Christmas eve, Christmas day and Boxing day were filled with festive fun and activities. The residents were each given a card and present to open and Christmas activities included themed reminiscence of past Christmases, Christmas poetry, carol singing and mulled wine (non alcoholic!)

Another new innovation of 2011 was the creation of the Friends of Autumn Vale, a group set up by Peter Wilbourn and Alan Williams in order to raise funds and support for the home and its residents. If you would like to get involved with the group, please contact the Autumn Vale office on 01438 714491 or speak to Dani Martin or Hannah Couchman in Activities.

Plans for 2012



Upcoming events for the new year include a Valentines Day party (to which relatives are invited, details to follow), Pancake Day, Mother's Day, Easter, St George's Day and another event for residents and relatives - a party in June to celebrate the Queen's Diamond Jubilee.

We will also be trialling some new activities, including knitting and sewing, gentleman's club and board game afternoons. We will also be bookending activities so that they begin with some mild exercises and end with the reading aloud of a book selected with help from the residents.

Finally, a warm welcome

On behalf of the activities department I would like to welcome my new co-worker Hannah. A former volunteer who is very bright eyed and bushy tailed and looking forward to a new year at the home.

Sadly this year we said goodbye to Doris Courtney, Barbara Parry, George Yeomans, Betty Ball, William Wray and Barbara Boyce. Our thoughts and prayers are with their families and they are sadly missed by the staff at Autumn Vale.

Here is hoping for a successful and happy 2012.

Sincerely,
Danielle Martin & Hannah Couchman
Activity Coordinators, Autumn Vale Care Centre



Valentines Day Party at AV

Saturday 11th February 2-4.30
in Yellow Lounge



With buffet, drinks and music for all guests. (£1 a ticket)